



Are You Ready to Coach?



I am willing to:

	YES	NO
...devote time to driving with my teen	<input type="checkbox"/>	<input type="checkbox"/>
...incur the increased costs of gas, etc.	<input type="checkbox"/>	<input type="checkbox"/>
...communicate calmly when my teen makes driving errors	<input type="checkbox"/>	<input type="checkbox"/>
...search for resources that can help during driving practice	<input type="checkbox"/>	<input type="checkbox"/>
...analyze my own driving habits and correct my driving errors	<input type="checkbox"/>	<input type="checkbox"/>

Add up your YES scores

- 5 out of 5 You're hired! Get ready to start your coaching job.
- 3 out of 5 Take a moment to evaluate what you can improve on.
- 2 or less Enlist someone to help with the coaching job or wait until you are ready to coach.

From AMA's Parent Coaching Guide



While driver education is an important part of your teen’s journey toward safe independent driving, the importance of your example and good practice cannot be emphasized enough.

The Importance of Supervised Practice

Dedicated practice time with you in specific driving situations will add to and reinforce the training and education your teen has, or will receive. It is important to have enough practice. You need to be satisfied with your teen’s performance and ensure that your in-car time lines up with the training and education they have received from their driver education program.

This general log sheet with recommended practice situations will help ensure that enough appropriate practice has taken place.

Type of Driving	Hours (each check box = 1 hour of dedicated practice time)							
Residential Driving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Urban Driving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Downtown Driving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Highway Driving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving in Rain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving in Snow	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving at Night	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rural (gravel) Roads	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Icy/snowy Roads	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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- It is important that your teen practices and that you are satisfied with their performance in each of these recommended activities.
- Try to include some backing practice in each hour.
- Did your teen take their Driver Education Program during the spring/summer months? Why not recommend they take our **Winter Driving Program**?